A very productive P&C meeting was held on 15th October. Thank you to those who attended. The agenda mainly consisted of organisation for the Prawn and Chicken night and writing the funding application for the before and after school care grant. This has been submitted and we will now cross our fingers in anticipation of the outcome.

The P&C have been extremely busy in their organisation of the Prawn and Chicken Night. Thank you to families who have already donated goods for the silent auction. It’s shaping up to be a great evening and hopefully will be another successful fundraising activity for our great school.

Our Captain’s speeches will take place at our assembly on Thursday 26th November. Elections for the Captains and Vice Captains for 2016 will follow. I would like to encourage those students eligible for these positions to begin thinking about their speeches and what it means to be a student leader of a school. I look forward to hearing some excellent speeches on the day. The Captains and Vice Captains will of course be announced at our 2015 Speech Night to be held on 10th December.

Students enjoyed a visit from Medical Students from the University of Newcastle last week. They were able to participate in hands on activities learning all about first aid. Students were able to practice CPR on mannequins and learned what to do in various emergency situations. This was a very valuable and worthwhile experience for staff and students.

Congratulations to the Moonbi Christmas Community Card Competition Winner Teanny Bridges! Teanny will have her christmas card design professionally published later next month. Extended congratulations to runner-up Kayla Fermor and to all entries from BPS. We received a $100 gift voucher to spend at Dymocks Online Bookstore for our new library. Teanny also received a $50 Dymocks voucher.

Ms Kylie Lacey
Principal (R)

Don’t let the world change your smile, let your smile change the world.
STATE SOLID CIRCUS

Last Tuesday the students of Bendemeer PS, Mrs Rowe, Mrs Coutts and I had the privilege to attend the State Solid Circus Workshop at Uralla Central School. Combining larrikin Australian comedy with high-level acrobatic skills, Solid State Circus is definitely an action packed adventure for all ages! We were introduced to Louth, Hamlock and Tye; enthusiastic circus performers. We all observed and were then able to actively practise how to juggle, balance, jump, roll. Some students even got to walk on stilts.

Check out more:
www.solidstatecircus.com.au
facebook.com/solidstatecircus

Miss Bayley

BUSH FIRST AID VISIT

On Wednesday 21st October medical students from Newcastle University Tamworth Branch and Mr Ian Woodley visited Bendemeer Public School. Students viewed a medical emergency film clip and worked in small groups with doctors and nurses. They were each exposed to hypothetical medical emergency scenarios (snake and spider bites, CPR compressions, burns and scalds, cuts and wounds) to which they had to apply appropriate and speedy first aid techniques. Well done students! Mrs Lacey and Miss Bayley were impressed by your accurate and speedy first aid knowledge and practise. Miss Bayley

ACHPER NSW K-6 PHYSICAL ACTIVITY, SPORT AND HEALTHY EATING CONFERENCE

On Friday 23rd October I attended the K-6 Physical Activity, Sport and Health Eating Conference directed by ACHPER NSW. ACHPER (Australian Council for Health, Physical Education and Recreation NSW) is an accredited provider of professional development activities for teachers, students and academics in PDHPE through NSW.

As a delegate and Sports Coordinator I participated in workshops at Tamworth Sports Dome and Powerhouse Hotel which promoted a physical active classroom inside and outside as a stage and whole school.

I have undertaken training workshops involving DANCE (practical ideas, outcomes and lessons to incorporate dance into the curriculum), LITERACY THROUGH PHYSICAL ACTIVITY (teaching literacy and social skills through a range of fun physical activities and games) and THINKING WHILE MOVING - INTEGRATING MATHS INTO PHYSICAL ACTIVITY, specifically Targeting Stage 2 and 3 students integrating physical activity into classroom teaching of mathematics. I am looking forward to implementing these theories and practical and innovative strategies at Bendemeer PS.

Miss Bayley